

## Honey Cornbread Muffins

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### Dry Ingredients

1/2 cup yellow cornmeal  
1/2 cup flour  
1/2 TB Baking Powder  
1/2 tsp salt

### WET INGREDIENTS

1/2 cup whole milk  
1 large egg  
1/8 cup Avocado Oil  
1/8 cup Honey



- 1 Mix all the dry ingredients and then whisk the wet.
- 2 Place in muffin cups - using 1/4 c measure
- 3 Bake at 375° for 25 minutes

Servings: 6

### Source

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Source: Out of My Head

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